



Online  
Session

# STEPPING FORWARD

Is someone in your family taking drugs and/or alcohol?  
Are you looking for practical down to earth information and support?

## Family Drug Support

presents the 'Stepping Forward' series providing

- ✓ Clear & practical information sessions
- ✓ A safe place to share & to feel supported

### Families Stages of Change

- The stages of change for people who use drugs.
- The stages of change for families.
- Tightrope walker metaphor.

**Saturday, 9 October 2021**

10 am - 12 pm

**Online via Zoom**

**Register here:**

<https://www.eventbrite.com.au/e/victoria-stepping-forwards-tickets-169236606245>

Each session is designed so that you will have something of value to take away to help you on your journey. Everyone is welcome to attend this session.

**For more information**  
email or call Chloe: [chloes@fds.ngo.org.au](mailto:chloes@fds.ngo.org.au) 0448 177 083

