



Office and Postal address:

C/- Waiora Clinic
Level 2
435 Malvern Road
South Yarra VIC 3141

Tel: (03) 9076 4713

Convenor: Judi 0425 723 476

Email: isfaf@alfred.org.au

Website: <http://www.ispaf.org/>

Monthly Support Group Meeting Mental Health Week

7.30 pm Tuesday 14 November 2017

**Melissa Morris –Introducing Grow-
Achieving mental wellness via mutual support and personal
development**

GUEST SPEAKER

**ASSOCIATE PROFESSOR SIMON STAFRACE,
PROGRAMMME DIRECTOR, ALFRED PSYCHIATRY**

**Update on mental health issues, with
emphasis on Alfred Psychiatry**

MultiPurpose Room, Betty Day Centre, 67 Argyle Street, St Kilda

access via carpark in Bath St (off Inkerman St) or via southern end of path from Argyle St

All welcome, no need to book Light supper available from 7.15 pm

No charge, but a gold coin donation towards supper is always appreciated

No need to RSVP but please come early, especially if coming for the first time

**If you have any questions about our group or about the meeting,
please contact us on the contacts shown abo**



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End of Year Dinner

7.30 pm Tuesday 12 December 2017

Tacco and Tosca

251 Richardson Street Middle Park



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Bookings are essential on 9076 4713 (leave message if no-one present) or send email to isfaf@alfred.org.au

Please book early as seating is limited

Cost: \$10 with pension card, \$15

BYO (with corkage) or purchase at own expense

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